

# National Healthy Schools Programme 2010/11

## Sunderland Healthy Schools Business Plan

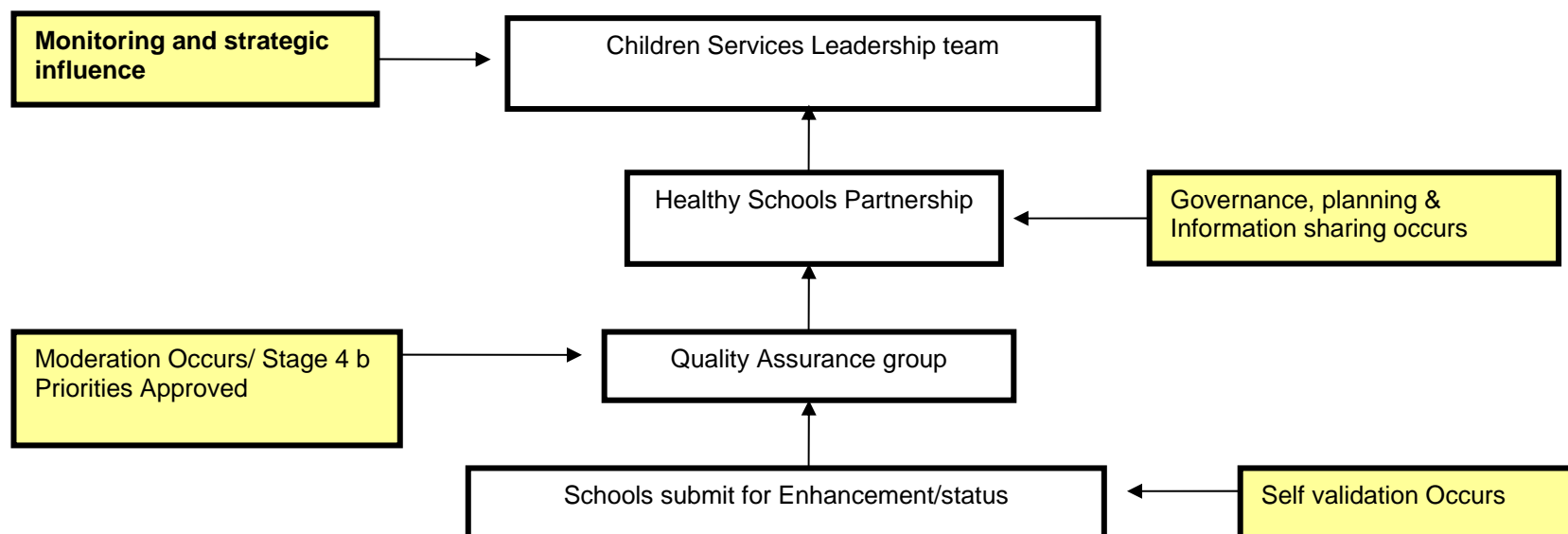
Area	Commentary																				
Executive Summary	<p>In ten years the National Healthy Schools Programme has become one of the country's most widely embraced initiatives in schools. More than 4 million children and young people are currently enjoying the benefits of attending a Healthy School. In Sunderland 100% of our schools are actively participating in the programme with 78% having achieved National Healthy Schools Status. Sunderland achieved the national DCSF target of 75% achievement by December 2009. The local programme enjoys a unique position because of its close working relationships with nearly all of our schools and the successful partnerships it has established with numerous services that are involved in the Children and Young People's health and wellbeing agenda in the local area. The programme is therefore well placed to play its part in helping to pursue the priorities identified for Children &amp; Young People in our LAA and the C &amp; YPP.</p> <p>In order to address new national and local drivers around children's and young people's health and wellbeing and to link to policy developments and inspection requirements in schools (including the OfSTED SEF and Pupil Wellbeing Indicators), the process for maintaining Healthy School status has changed. The programme now has 3 distinct processes: Healthy Schools Status, Annual Review and Enhancement Model. The Healthy Schools Enhancement Model provides an outcome based approach to pupil wellbeing (both universal and targeted) by building on the foundations of the current Healthy School standard and by offering schools the challenge of meeting specific needs-led healthier behaviour outcomes.</p>																				
Key objectives and targets for 2010/11	<ul style="list-style-type: none"> <li>• To facilitate a planned programme of support to schools engaged with Enhancement Model Phases 1 – 3.</li> <li>• To support schools with HS status in updating their health and wellbeing work through the Annual Review tool.</li> <li>• To ensure that all schools in Sunderland achieve National Healthy Schools Status and enhance their existing practice using relevant, local data.</li> <li>• To promote a sustainable and coherent approach to the core themes of Healthy Schools through project work, teacher training, policy guidance, network meetings and targeted work.</li> <li>• Ensure rigorous quality assurance of the programme through the Quality Assurance System, monitoring procedures and performance reporting.</li> </ul> <p>In Sunderland there are 107 schools eligible for the programme and all are participating (having either gained status or are working toward gaining status). Locally set targets for the programme for 2010/11 are as follows: (All figures expressed as percentages %)</p> <table border="1" data-bbox="533 1098 1939 1321"> <thead> <tr> <th></th> <th>Apr 2010</th> <th>Sep 2010</th> <th>Dec 2010</th> <th>April 2011</th> </tr> </thead> <tbody> <tr> <td>Achieved National Healthy School Status</td> <td><u>78</u></td> <td><u>82</u></td> <td><u>86</u></td> <td><u>90</u></td> </tr> <tr> <td>Completed Annual Review</td> <td><u>0</u></td> <td><u>5</u></td> <td><u>10</u></td> <td><u>15</u></td> </tr> <tr> <td>Achieved Stage 4b of Enhancement Model</td> <td><u>N/A</u></td> <td><u>N/A</u></td> <td><u>10</u></td> <td><u>15</u></td> </tr> </tbody> </table> <p>Nationally, all schools are expected to be Enhanced Healthy Schools by 2020. The local vision is to meet the government targets and continue to work with all schools following status achievement and to further develop meaningful outcomes to health and wellbeing through Enhancement Model.</p>		Apr 2010	Sep 2010	Dec 2010	April 2011	Achieved National Healthy School Status	<u>78</u>	<u>82</u>	<u>86</u>	<u>90</u>	Completed Annual Review	<u>0</u>	<u>5</u>	<u>10</u>	<u>15</u>	Achieved Stage 4b of Enhancement Model	<u>N/A</u>	<u>N/A</u>	<u>10</u>	<u>15</u>
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Area	Commentary
Healthy Schools Team	The Healthy Schools Coordinator is based within Children's Services and is able to support and advise schools on a number of areas around the Health, Social and Emotional dimensions, particularly SRE & Drug Education. The Healthy Schools Coordinator is also responsible for leading the National PSHE CPD teacher training programme in Sunderland, as well as coordinating the Sunderland Young People's Anti-Bullying Charter mark.
Funding	£ 79,213 Education Health Partnership <u>£ 80,000</u> Prevention Strategy £159,213 Total
Governance arrangements	<p data-bbox="333 464 680 491"><u>1. Healthy Schools Partnership</u></p> <p data-bbox="333 496 2078 560">Sunderland Healthy Schools Partnership is responsible for ensuring the effective governance and implementation of the Healthy Schools Programme. The partnership will meet quarterly. Those involved in the Partnership include:</p> <ul data-bbox="383 600 1200 1023" style="list-style-type: none"> <li>• Health Improvement Children's Lead, Children's Services (Chair)</li> <li>• Healthy Schools Coordinator</li> <li>• School Improvement Partner Children's Services</li> <li>• Health Programmes Manager, Children's Services</li> <li>• School Nursing Service Manager</li> <li>• Specialist Mental Health Teacher/ Acting Project Manager, CCAMHS</li> <li>• Behaviour Intervention Team</li> <li>• Partnership Development Manager</li> <li>• School Travel Plan Lead</li> <li>• Teenage Pregnancy – SHOWT Team Representative</li> <li>• YDAP- Young Persons Drugs Service Representative</li> <li>• Extended Services Development Manager, Children's Services</li> </ul> <p data-bbox="333 1066 645 1093"><u>2. Quality Assurance Group</u></p> <p data-bbox="333 1098 2123 1161">Sunderland Healthy Schools Quality Assurance Group is responsible for ensuring the Quality Assurance of the Healthy Schools process. The Quality Assurance Group will meet quarterly, as part of the partnership meetings. Membership varies, dependent on the focus of moderation, and at any one time may include:</p> <ul data-bbox="383 1201 1155 1409" style="list-style-type: none"> <li>• Health Improvement Children's Lead, Children's Services (Chair)</li> <li>• Healthy Schools Programme Coordinator</li> <li>• Health Programmes Manager, Children's Services</li> <li>• Specialist Mental Health Teacher, CCAMHS</li> <li>• Food in Schools Programme, CCS–</li> <li>• School Travel Plan Lead</li> </ul>

Area	Commentary
	The partnership will report to the Children's Services Leadership Team, Sunderland TPCT and ultimately Sunderland Children's Trust. Please see Appendix A and B for terms of reference.

Sunderland Healthy Schools Programme Key Dates 2010/11

Healthy School Status Submission dates for schools	Healthy Schools Partnership Meeting & QAG	Time	Venue	QAG School Moderation Visits
25 <sup>th</sup> June 2010	30 <sup>th</sup> June 2010	2pm to 4pm	Sandhill Centre	June/July 2010
24 <sup>th</sup> September 2010	30 <sup>th</sup> September 2010	9am to 11am	Sandhill Centre	
3 <sup>rd</sup> December 2010	9 <sup>th</sup> December 2010	9am to 11am	Sandhill Centre	
18 <sup>th</sup> March 2011	24 <sup>th</sup> March 2011	9am to 11am	Sandhill Centre	June/July 2011



Context for Sunderland Healthy Schools Programme	<p>The Healthy Schools Programme will be linked to the following local strategies:</p> <ul style="list-style-type: none"> <li>• The Sunderland Strategy</li> <li>• Local Area Agreement</li> <li>• Children &amp; Young People's Plan</li> </ul>
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Area	Commentary
	<ul style="list-style-type: none"> <li>• Childhood Obesity Strategy</li> <li>• CAMHS Strategy inc Anti-Bullying</li> <li>• Risk and Resilience Strategy (Sexual Health, Teenage Pregnancy, Substance Misuse &amp; Smoking)</li> <li>• Extended Schools Strategy</li> <li>• Early Years &amp; Childcare Strategy</li> <li>• Sunderland School Food Strategy</li> <li>• Sport &amp; Physical Activity Strategy – Sunderland Sport &amp; Leisure</li> <li>• Child Poverty Strategy</li> </ul> <p>The programme will also be linked to the following National strategies and drivers:</p> <ul style="list-style-type: none"> <li>• Choosing Health Strategy</li> <li>• Healthy lives, brighter futures – The strategy for children and young people’s health</li> </ul> <p><u>Every Child Matters (ECM) and the five outcomes</u></p> <ul style="list-style-type: none"> <li>• Be Healthy</li> <li>• Stay Safe</li> <li>• Enjoy and Achieve</li> <li>• Make a Positive Contribution</li> <li>• Achieve Economic Well-Being</li> </ul> <ul style="list-style-type: none"> <li>• PSA 12 improving the health and wellbeing of children and young people.</li> <li>• PSA 14 Increasing the number of young people on the road to success.</li> <li>• PSA 18 Promote better health and wellbeing for all</li> <li>• PSA 21: Stronger communities and a better quality of life</li> <li>• PSA 22 Deliver a successful Olympic Games and Paralympic Games with a sustainable legacy and get more children and young people taking part in high quality PE and sport</li> <li>• PSA 25 Reduce the harm caused by Alcohol and Drugs</li> </ul> <p><u>The Children’s Plan</u> – building brighter futures. The Children’s Plan highlights the importance of a school being a healthy school as underpinning the wellbeing of every child.</p> <p><u>New Performance Framework for Local Authorities &amp; Local Authority Partnerships</u></p>

Key Priority	Key Action	Key Milestones	Responsibility	Resource Implications	Monitoring
<b>1. To facilitate a planned programme of support to schools engaged with Enhancement Model Phases 1 – 3.</b>	To recruit & group schools via Phase and stagger involvement on Enhancement Model.	<ul style="list-style-type: none"> <li>- To identify and recruit 10 schools for each Phase (30 schools total) - <b>Apr 10</b></li> <li>- To establish an SLA agreement with recruited schools – <b>Apr 10</b></li> <li>- To produce a training calendar for schools of all CPD and important dates for Enhancement Model – <b>Jun 10</b></li> <li>- To transfer funds to school on return of SLA – <b>Jun 10</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Project Support (GR)</li> </ul>	- Incentive Bursary for each school (£2k) = (£60k)	- Uptake via returned SLAs
	To Plan and deliver a training programme for School Coordinators on Enhancement Model.	<ul style="list-style-type: none"> <li>- To deliver 3 training sessions on Enhancement process per Phase - <b>monthly</b></li> <li>- To evaluate Phase 1 training in order to inform future planning – <b>Nov 10</b></li> <li>- To deliver a training session on using the HWIT tool to all Phase 1 schools - <b>Oct 10</b></li> </ul>	-- HS Coordinator (PB)	<ul style="list-style-type: none"> <li>- Room hire if not free, Refreshments</li> <li>- ICT Room Hire Cost, Refreshments</li> </ul>	<ul style="list-style-type: none"> <li>- Training evaluation form</li> <li>- Coordinator feedback</li> </ul>
	To Coordinate and facilitate cluster group network meetings, 1-1 support visits and other forms of contact to support schools engaged in Enhancement.	<ul style="list-style-type: none"> <li>- To attend 5 school task groups from Phase 1 – <b>July 10 -Sep 10</b></li> <li>- To provide at least 1 support visit to each Phase 1 school - <b>Ongoing</b></li> </ul>	-- HS Coordinator (PB)	- Coordinators time, Travel	<ul style="list-style-type: none"> <li>- Task group minutes</li> <li>- School progress through HWIT</li> </ul>
	To support schools in developing a school level Data set	<ul style="list-style-type: none"> <li>- To produce a Data Set template for Phase 1 Enhancement training – <b>Jun 10</b></li> <li>- To obtain Data Set report from INTEC – <b>Dec 10</b></li> </ul>	<ul style="list-style-type: none"> <li>-- HS Coordinator (PB)</li> <li>- INTEC (BS)</li> </ul>	None	- Training evaluation form
	To promote a peer support approach to Enhancement Model	<ul style="list-style-type: none"> <li>- Encourage schools at training to work in clusters where appropriate – <b>Jun 10</b></li> <li>- Approach Phase 1 Coordinators about delivering training sessions to Phase 2 and 3 schools – <b>Jul 10</b></li> </ul>	-- HS Coordinator (PB)	- Teacher cover (£200 a day)	<ul style="list-style-type: none"> <li>- School Coordinator feedback</li> <li>- School progress through HWIT</li> </ul>
<b>2. To support schools with HS status in updating their health and wellbeing work through the Annual Review tool.</b>	To Engage schools that achieved status before 2008 with the Annual Review tool.	<ul style="list-style-type: none"> <li>- To identify schools with status (pre 2008) by analysing school record data – <b>Jun 10</b></li> <li>- Write to all schools informing them of Annual Review tool and invite identified schools to training session – <b>May 10</b></li> <li>- Plan and deliver a session for School Coordinators on using the Annual Review tool – <b>Jun 10</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>- ICT Room Hire Cost, Refreshments</li> <li>- Teacher Supply cover (£100) x 30 = £3000</li> </ul>	<ul style="list-style-type: none"> <li>- Progress reports via HS website</li> <li>- Training evaluations</li> </ul>

<b>3. To ensure that all schools in Sunderland achieve National Healthy Schools Status and enhance their existing practice using relevant, local data.</b>	To commission a consultant to carry out work with a designated caseload of schools without status.	<ul style="list-style-type: none"> <li>- Draft SLA for job specification – <b>Jun 10</b></li> <li>- Approach 3 consultants and complete procurement matrix – <b>Jun 10</b></li> <li>- Brief approved consultant on job role and targets/objectives – <b>Jul 10</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Appointed Consultant</li> <li>- Project Support (GR)</li> </ul>	- 7 Days Consultancy Time (£5k)	<ul style="list-style-type: none"> <li>- 1 to 1 meetings</li> <li>- School uptake</li> <li>- Progress Reports via HS Website</li> </ul>
	To provide ICT website training to support schools in achieving Schools status	- deliver a training session for schools coordinators on how to apply for status – <b>Nov 10</b>	- HS Coordinator (PB)	- ICT Room Cost, Refreshments	<ul style="list-style-type: none"> <li>- Training evaluations</li> <li>- Progress reports via HS website</li> </ul>
	To conduct the Health Related Behaviour Survey for 2010/11	<ul style="list-style-type: none"> <li>- Write to all school highlighting the benefits of completing the questionnaire – <b>Sep 10</b></li> <li>- Target schools enrolled with Enhancement Model to complete questionnaire. – <b>Oct 10</b></li> </ul>	- HS Coordinator (PB)	- Exeter Uni Analysis, copies of questionnaire (£5k)	- Uptake of HRBS
	To enlist School Improvement Officers support in engaging schools	<ul style="list-style-type: none"> <li>- Write brief exceptional reports to SIOs with responsibility for schools not engaged in programme - <b>ongoing</b></li> <li>- Update all SIOs on Healthy Schools Progress quarterly via forwarding a briefing paper to weekly meeting group – <b>Jul 10, Oct 10, Jan 11, Apr 11</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Project Support (GR)</li> </ul>	None	<ul style="list-style-type: none"> <li>- Progress reports via HS website</li> <li>- SIO feedback</li> </ul>
<b>4. To promote a sustainable and coherent approach to the core themes of Healthy Schools through project work, teacher training, policy guidance, network meetings and targeted work</b>	To provide a range of CPD opportunities for school staff and Governors on the themes of PSHE and wellbeing.	<ul style="list-style-type: none"> <li>- work with Primary SEAL consultant to devise a range of CPD sessions– <b>Apr 10</b></li> <li>- write to all school outlining the CPD opportunities for 2010/11 Academic year – <b>Jun 10</b></li> <li>- arrange facilitators to deliver sessions, as well as taking responsibility for some delivery – <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- SEAL Consultant (AR)</li> </ul>	- Facilitators costs (£10k)	<ul style="list-style-type: none"> <li>- Training evaluations</li> <li>- HRBS Pupil Perception Data</li> </ul>
	To lead the PSHE CPD Teacher training programme for 2010/11 Phase 7 & 8	<ul style="list-style-type: none"> <li>- Recruit 20 teachers for participation on the course – <b>Jun 10</b></li> <li>- Plan and deliver 4 days contact training over the academic year - <b>Sep 10 – Jun 11</b></li> <li>- carry out lesson plans, 1 to 1s and twilight sessions to support teachers through the programme for Phases 7 and 8 - <b>throughout</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Regional PSHE CPD Lead (LR)</li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator's time</li> <li>- No cost (Programme externally funded)</li> </ul>	<ul style="list-style-type: none"> <li>- Increased uptake</li> <li>- Training evaluations</li> </ul>

	To be responsible for the coordination & administration of the Sunderland Young Peoples Anti Bullying Charter Mark	<ul style="list-style-type: none"> <li>- appoint a consultant to work with 2 schools in revising and updating the content of the Charter Mark – <b>Apr 10</b></li> <li>- arrange design and publishing of updated charter mark <b>Jul 10</b></li> <li>- re-launch Charter mark via letters to schools and/or possible Healthy Schools Event – <b>Sep/Oct 10</b></li> <li>- encourage schools to undertake charter mark when carrying out training, support visits etc - <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Consultant (JB)</li> <li>- Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator time</li> <li>- Consultant fees (£5k)</li> <li>- Redesign and publishing costs (£5k)</li> </ul>	<ul style="list-style-type: none"> <li>- Increased uptake of schools</li> <li>- School evaluation of process</li> <li>- School reports on Bullying via HRBS and Tellus surveys</li> </ul>
	To conduct two school based research project with school clusters on two Sunderland Health Priorities: Obesity and Teenage Pregnancy	<ul style="list-style-type: none"> <li>- Identify possible cluster areas for support by analysing HRBS and JSNA data and take to partnership mtg – <b>Jul 10</b></li> <li>- Approach Extended Services cluster managers and devise SLA outlining outcomes approach to project – <b>Sep 10</b></li> <li>- Report back to Healthy Schools Partnership on outcomes of this project – <b>Apr 11</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Health Improvement Lead (MH)</li> </ul>	<ul style="list-style-type: none"> <li>- (£5k per cluster) (£10k total)</li> </ul>	<ul style="list-style-type: none"> <li>- School report on meaningful outcomes</li> <li>- Via local health/school data</li> </ul>
	To provide a network opportunity for teachers of PSHE	<ul style="list-style-type: none"> <li>- facilitate 3 secondary PSHE network meetings for the academic year 2010/11 – <b>Jun 10, Nov 10 &amp; Mar 11</b></li> <li>- facilitate 3 primary PSHE network meetings for the academic year 2010/11 - <b>Jun 10, Nov 10 &amp; Mar 11</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> </ul>	<ul style="list-style-type: none"> <li>- Supply cover (£6k)</li> </ul>	<ul style="list-style-type: none"> <li>- Training evaluations</li> <li>- Increased emphasis on PSHE in school – SIO visits</li> <li>- HRBS Pupil Perception Data</li> </ul>
	To provide a more convenient and accessible method of registration for Healthy Schools training.	<ul style="list-style-type: none"> <li>- Meet with school improvement clerk regarding possibility of hosting Healthy Schools CPD on Sunderland Schools website – <b>Apr 10</b></li> <li>- Secure user name/rights for administration purposes for this website and update all healthy schools CPD onto this site – <b>Apr 10</b></li> <li>- Provide regular registration updates of training events, send out website generated flyers and process event evaluations - <b>Ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>- Accurate registrations</li> <li>- Project support feedback</li> </ul>
<b>5. Ensure rigorous quality assurance; improve communications, monitoring</b>	To regularly update Health Improvement Lead on programme.	<ul style="list-style-type: none"> <li>- Attend Work stream update and carry out agreed action points from meetings – <b>Monthly</b></li> <li>- To produce exceptional reports for any risks/issues affecting the programme - <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Health Improvement Lead (MH)</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>- Meeting minutes</li> <li>- Personal Development Plan</li> </ul>

<b>procedures and performance reporting.</b>	To organise partnership meetings, QAG meetings and approval of Enhancement Model schools.	<ul style="list-style-type: none"> <li>- Book rooms and send out dates for the year in advance – <b>Jun 10</b></li> <li>- Arrange project support to record minutes - <b>ongoing</b></li> <li>- Brief partnership at next meeting on the process for Quality Assuring Enhancement Model – <b>Jun 10</b></li> <li>- Provide agendas, briefings, school applications 1 week before meetings - <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Health Improvement Lead (MH)</li> <li>- Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>- Room costs, if any</li> <li>- Refreshments</li> <li>- Printing</li> </ul>	<ul style="list-style-type: none"> <li>- Meeting minutes</li> <li>- Partner feedback</li> </ul>
	To organise and deliver moderation of 10% of schools per academic year (2 x core themes per visit).	<ul style="list-style-type: none"> <li>- brief QAG partners on moderation process and provide any necessary training – <b>Jun 10</b></li> <li>- Arrange for QAG partners to participate in moderation schedule – <b>Jun 10.</b></li> <li>- provide moderated schools are provided with detailed feedback from visits – <b>Jun/Jul 10</b></li> <li>- copies of this report to go to designated SIO and QAG - <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>- QAG members</li> <li>- HS Coordinator (PB)</li> <li>- Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>- QAG Members time, HS Coordinator time</li> </ul>	<ul style="list-style-type: none"> <li>- QAG Member feedback</li> <li>- School Feedback</li> <li>- Moderation reports</li> </ul>
	Attend regional & national Healthy Schools training and business meetings.	<ul style="list-style-type: none"> <li>- Attendance at events and dissemination from training to Healthy Schools Partnership - <b>ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>HS Coordinator (PB)</li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator time</li> </ul>	<ul style="list-style-type: none"> <li>- Event feedback</li> </ul>
	To produce a termly performance report for Children’s Services Leadership Team	<ul style="list-style-type: none"> <li>- devise a performance framework for reporting – Jul 10</li> <li>- send reports to Health Improvement Lead - <b>quarterly</b></li> </ul>	<ul style="list-style-type: none"> <li>HS Coordinator (PB)</li> <li>- Health Improvement Lead (MH)</li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator time</li> </ul>	<ul style="list-style-type: none"> <li>- Feedback from Health Improvement Lead</li> </ul>
	To ensure that Healthy Schools is embedded in Children’s Services communication strategies	<ul style="list-style-type: none"> <li>- liaise with Health Programmes Manager to provide Healthy Schools update for Children’s Brief - <b>ongoing</b></li> <li>- attend SEAL network meeting to update teachers on Healthy Schools - <b>Jun 10, Nov 10 &amp; Mar 11</b></li> <li>- regular communications via letter and e mail to update schools - <b>ongoing</b></li> <li>- celebrate good practice by providing case studies for SHINE newsletters and other publications when appropriate – <b>March 11</b></li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator (PB)</li> <li>- Healthy Programmes Manager (GR)</li> <li>- Project Support (GR)</li> </ul>	<ul style="list-style-type: none"> <li>- HS Coordinator time</li> </ul>	<ul style="list-style-type: none"> <li>- Increased presence in Council communication briefs/ newsletters</li> </ul>
	To represent Healthy Schools at a strategic and operational level	<ul style="list-style-type: none"> <li>- Attend relevant and appropriate boards/meetings including Risk and Resilience, Anti Bullying Strategy, Tobacco Alliance - <b>Ongoing</b></li> <li>- Update stakeholders on performance and priorities of Healthy Schools programme - <b>Ongoing</b></li> </ul>	<ul style="list-style-type: none"> <li>HS Coordinator (PB)</li> <li>- Health Improvement Lead (MH)</li> </ul>	<ul style="list-style-type: none"> <li>None</li> </ul>	<ul style="list-style-type: none"> <li>- Healthy schools embedded into strategic work plans</li> </ul>

## Appendix A

### HEALTHY SCHOOLS PARTNERSHIP

#### 1. PURPOSE

To ensure the effective implementation of the Sunderland Healthy Schools programme.

#### 2. ROLE OF THIS GROUP

- To lead on the development of and monitor the implementation of the Sunderland Healthy Schools Business Plan
- To map performance against national and local targets in relation to the delivery of the National Healthy Schools Programme
- To ensure that the healthy schools programme forms an integral part of a tiered multi-agency approach to promoting health and well-being
- To increase participation of schools in the healthy schools programme
- To support schools to achieve healthy school status through a whole school approach to Physical and emotional health and well being.
- To plan and organise events to promote the healthy schools programme and key health and well-being messages

- To ensure the effective implementation of the National Healthy Schools Quality Assurance Framework

#### 3. MEMBERSHIP

Health Improvement Children's Lead, Children's Services (Chair)  
Healthy Schools Coordinator  
School Improvement Partner Children's Services  
Health Programmes Manager, Children's Services  
School Nursing Service Manager  
Specialist Mental Health Teacher/ Acting Project Manager, CCAMHS  
Behaviour Intervention Team  
Partnership Development Manager  
School Travel Plan Lead  
Teenage Pregnancy – SHOWT Team Representative  
YDAP- Young Persons Drugs Service Representative  
Extended Services Development Manager, Children's Services

#### 4. CHAIR

Health Improvement Children's Lead, Children's Services

#### 5. MEETING ARRANGEMENTS

The Healthy Schools Partnership will meet on a quarterly basis.

#### 6. REPORTING ARRANGEMENTS

The Healthy Schools Implementation Group reports to the Children's Services Leadership team via the Health Improvement Children's Lead.

## **Appendix B**

### **HEALTHY SCHOOLS QUALITY ASSURANCE GROUP**

#### **1. PURPOSE**

This is a sub-group of the Healthy Schools Partnership with the specific remit of implementing the NHS Quality Assurance Framework

#### **2. ROLE OF THIS GROUP**

- To ensure that the NHSP Quality Assurance Framework is effectively implemented in Sunderland
- To select and moderate a sample of schools applying for healthy schools status, enhancement or Annual Review

#### **3. MEMBERSHIP**

Membership is Dependent on focus of moderation, at any one time the group membership may include:

- Health Improvement Children's Lead
- Healthy Schools Programme Coordinator
- Health Programmes manager
- Teenage Pregnancy – SHOWT Team Representative
- Specialist Mental Health Teacher, CCAMHS
- Food in Schools Programme, CCS
- Physical Activities Programme, CCS
- School Travel Plan Lead

#### **4. CHAIR**

Health Improvement Children's Lead

#### **5. MEETING ARRANGEMENTS**

The QAG will meet on a quarterly basis, following partnership meetings.

#### **6. REPORTING ARRANGEMENTS**

The QAG forms a sub-group of the Healthy Schools Partnership and reports to the Healthy Schools Partnership.

